The West Partnership

Minute

Health and Wellbeing Operational Staff Consultation Meeting Friday 1st November 2019 1.30 pm – 3.30 pm Civic Room 2, 211 Main Street, Barrhead, G78 1SY

Attendees: John Stuart, West Partnership; David Gordon, East Renfrewshire Council; Leeanne Kelly, South Lanarkshire Council; Paul Telfer, South Lanarkshire Council; Lorna Aitken, Education Scotland, Chris Bonnar, Inverclyde Council; Gillian O'Hare, Renfrewshire Council; Patrick Oberg, Glasgow City Council

Apologies: Alison McLellan; Inverclyde; Anne Dalziel, East Dunbartonshire Council; Anna McKinney, North Lanarkshire Council; Lyn Zambonini, North Lanarkshire Council; Stuart McCracken, East Renfrewshire Council

1. Welcome and introductions

JS welcomed all attendees and thanked them for attending this meeting. Introductions were made and apologies noted. JS explained the rationale for gathering this group of staff together: that the West Partnership Health and Wellbeing Workstream Steering Group is made staff who have a range of council officer roles and there was a desire to consult the views of local authority staff in operational roles across the regional improvement collaborative.

JS explained that the purpose of the meeting was to explore the views of officers about shared priorities and to consider if there was a desire for an operational forum like this going forward.

2. Update on West Partnership Health and Wellbeing Workstream Meeting

JS gave an update on the Health and Wellbeing Workstream meeting of 3 October 2019 and agreed to circulate minutes of that meeting to attendees at this operational discussion. He summarised the key priorities highlighted by the Workstream as:

- Pupil voice and participation, both in terms of shaping specific developments such as mental health and wellbeing support or PSE curriculum development and, more generally, participating in the planning and evaluation of West Partnership priorities overall.
- Health and wellbeing tracking in a school/ early years establishment setting
- Professional learning for staff across establishments relating to responsibility for all and to specific aspects of health and wellbeing related themes such as mental health, drugs and substance misuse etc.

3. Sharing of current local authority Health and Wellbeing priorities and planned work

Each attendee at the meeting gave a summary of the currently planning approaches and priorities in their local authority. Aspects mentioned include:

East Renfrewshire Council – a health and wellbeing action plan is in place. DG has recently taken on the H & W remit and is progressing the plan in collaboration with other council officers and the Health and Wellbeing Working Group in ERC.

Renfrewshire Council – GO'H explained that Renfrewshire's model involves her working directly with school staff to address the actions in the Renfrewshire action plan. One key area of focus is supporting schools with early intervention and preventative strategies in the areas of mental health and wellbeing. There has also been a focus on exploring how the findings of the recent Education Scotland PSE review can be addressed in a local context.

South Lanarkshire Council – there has been some additional investment in the area of health and wellbeing over the last few months. LK and PT are relatively new to their respective posts. PT has been seconded to have a focus on how to address the PSE review in South Lanarkshire. LK is currently refreshing the SLC action plan in the light of these additional resources.

Inverciyde Council – CB reported that the each school has a health and wellbeing co-ordinator and their working group meets at least 5 times per session to further their priorities. For example, at the last meeting the sharing of good practice session focused on the implications of the PSE review and associated next steps. There has also been a major focus on whole school nurturing approaches.

Glasgow City Council – PO has recently taken on the H & W remit and is currently refreshing the GCC action plan. Given the scale GCC council, PO operates a model involving a core health and wellbeing working group, which acts as a hub for sharing views and practice to all health and wellbeing establishment co-ordinators across GCC. PO highlighted that GCC has a wide range of resources to support targeted health and wellbeing activity. Currently he is exploring how to support the professional learning of practitioners in relation to health and wellbeing as a responsibility of all.

Education Scotland – LA gave an overview of the current structures and set up in Education Scotland, following the organisation's recent restructuring to a regional model. LA explained that her colleague, Suzanne Hargreaves, is SEO for Health and Wellbeing nationally in terms of the curriculum, and is the lead on most of the working groups resulting from the PSE review. LA is SEO lead for Inclusion, Wellbeing & Equalities.

A number of officers asked that Suzanne Hargreaves be invited to a future meeting of this group to give a further insight into her role. LA offered to share national updates / information relating to Inclusion, Wellbeing & Equalities.

Discussion moved on to the structure of the national PSE review and the national PSE lead officers group set up as a consequence of the review. It was noted that West Partnership local authorities had some representation on these groups. Clarity was sought around how West Partnership representation could be further developed in the groups addressing the PSE review recommendations.

Action: LA will contact Suzanne Hargreaves for an update on the PSE review recommendations and clarity around representation on the groups.

The next national PSE lead officers group meeting is understood to take be on Tuesday 5th Nov. CB reported that there are five subgroups of the national working group which have been asked to explore the following:

- Develop a resource hub and HWB/PSE Toolkit to enhance HWB/PSE delivery at all stages of education.
- ii. Develop practice relating to tracking and monitoring monitoring young people's progression in HWB/ PSE, linked with the wellbeing indicators and the HWB experiences and outcomes and Personal and Social Education benchmarks.
- iii. Explore the creation of a professional qualification relating to the teaching of PSE.
- iv. Explore approaches which will raise the profile of PSE as a key element of the curriculum
- v. To develop resources to support all school staff and pupils, initially to focus on resources to address the issue of sexual harassment in schools.

Staff at today's meeting were able to confirm that their local authority had representation as follows on the national PSE lead officers group:

- Renfrewshire GO'H had attended previously and will attend meeting on Tuesday 5th Nov and will join one of the subgroups above.
- Glasgow PO had attended one meeting and had joined subgroup ii above. PO will consider moving subgroup if this enhances the coverage from West Partnership representatives
- South Lanarkshire PT will attend meeting on Tuesday 5th Nov.
- East Renfrewshire the ERC PSE teachers forum had agreed to send a PT Pastoral Support on a rota basis (this will be reviewed in light of this meeting due to the need for a consistent member of the working groups)
- Inverclyde CB has attended the national group regularly and is a member of group ii

It was agreed that West Partnership involvement in a spread of groups would be desirable to allow more effective reporting back to West Partnership meetings.

LK noted that she had not received a Health and Wellbeing update e-mail from Education Scotland in some time and asked if there could be feedback from the sub groups on this.

Action: LA agreed to feedback on the frequency of Health and Wellbeing updates at the next meeting.

4. Health and Wellbeing self-evaluation resource – a potential joint project: Education Scotland and the West Partnership

JS and LA explained that they are in the early stages of the development of a draft professional learning resource for Health and Wellbeing which would support establishments in identifying current priorities for health and wellbeing development in their local context.

It is hoped that this resource will provide support for health and wellbeing similar to the support provided by the careers education standard learning resources for DYW.

JS asked if staff would value this type of resource and if it would fill a need in the system. There was agreement that such as resource would be helpful. JS invited officers to join this working party if desired. DG expressed interest in supporting this work.

Action: JS and LA will meet to develop resource – an invitation will be issued for staff to join the working party.

5. Identification of common/ shared working opportunities

JS asked if there were other areas of common priorities which might be the focus of future collaboration.

The following themes were agreed as potential focuses:

- Local authority approaches to data collection JS asked attendees to give him contact details
 for the LA officer responsible for Health and Wellbeing data collection at whole authority level.
 JS will explore if joint approaches will be beneficial in the light of the Scottish Government
 Health and Wellbeing Census plan being placed on hold.
 - (JS and LA shared a brief summary of the Schools Health and Wellbeing Improvement Research Network [SHINE] work which relates to this topic. LK requested further details as she is currently exploring this in SLC. It was agreed that it may be of benefit to ask SHINE to present at the next Health and Wellbeing workstream meeting)
- Approaches to universal and targeted support for mental health and wellbeing are being explored or further developed in all WP local authorities.
- Approaches to children and young people participation was an important theme. JS informed that CLD staff from all 8 local authorities are hosting a Youth Voice event in Inverclyde on 9th Nov through the Families and Communities Workstream. JS will liaise closely to ensure joint working on this across workstreams.
- Tracking and monitoring, especially in the area of responsibility for all experiences and outcomes was seen as a significant area for focus. JS explained that Stuart McCracken from Woodfarm High School, East Renfrewshire Council, had intended to join the meeting as part of this discussion but had been unable to attend. This will be able to be a focus for a future meeting.
- It was agreed that there was potential for joint working regarding the PSE review implications. However, it was agreed that further updates from the national PSE lead officers working groups was required to ensure we avoid duplication.

Action: JS will develop a draft outcome plan document to form propsed actions based on the discussions above and the priorities highlighted by the workstream. This draft outcome plan will be considered at the next workstream meeting.

6. Date of next meeting

JS asked if attendees had found this initial meeting for officers of benefit. There was general agreement that it was. PO suggested confirmation on the purpose of the group would be valuable. 3 purposes were suggested:

- As a forum for lead officers to share good or interesting practice relating to operational work in each authority and sharing national updates around policy, guidance and resources.
- As a vehicle for agreeing common priorities for West Partnership local authorities relating to health and wellbeing; collaborating with national partners on areas of need.
- As forum which could form sub-groups to undertake specific pieces of development work (involving attendees or other nominated staff from local authorities depending on remit)

It was agreed that this operational officer group would have the opportunity to address all 3 of these purposes.

The next meeting will take place: 1:30 pm, Friday 13th December 2019 in 211 Main Street Barrhead, East Renfrewshire

Post meeting – update – post meeting requests received from a number of staff to alter date of next meeting – therefore date of next meeting currently TBC