

# West OS

## Primary-Secondary Transition Guide

Here you are! You are finishing the last few weeks of Primary 7 and very soon you will be an S1 learner. Well done for completing 7 years! WOW!

You probably have lots of feelings, worries and questions. This is ok!

Let us help you by answering some of those questions.



### TOP TIPS

Take a photo of your timetable on your phone or ipad

What will my first day look like?



- You will meet your Year Head/Depute Head-they will explain everything to you.
- You will also meet your Pastoral Care/Pupil Support teacher-they will be there to help you.
- You will see many other pupils that go to the school.
- You will be able to see where you can eat your break and lunch
- You will be given your timetable and taken to classes



What if I get lost?

You will have **guides**. This means older pupils will take you around each class.



### TOP TIPS

Draw a layout of the school building



A timetable helps you to see what lessons you have each day

Try and  
**HAVE FUN!**



Will the work be difficult?



- You are ready to move on.
- Think about how much you have learned since Primary 1
- Teachers will guide you; help you and explain all pieces of work-so **DON'T WORRY** about the class work.
- Listen to what the teacher says and ask any questions that you have.



TOP TIPS

Make new friends by asking people their names and best subject so far. A smile goes a long way!

## HOW DO I COPE WITH THIS CHANGE ?

- **Share** your feelings.
- **Make plans** – think about how you will travel to school; what you will take for PE?
- Think of all the ways you can talk and **connect** with others and make new friends.
- Remember that your new teachers will help and support you. **Ask any questions-this will empower you.**



I can do this

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HOW WILL THE OLDER LEARNERS TREAT ME?

Secondary schools can be big, busy and noisy. Older learners are just moving around the building like you. Senior pupils will be happy to help you and answer your questions. They were in S1 before too!

